



<b>Elementary Test 1</b>	<b>Individual Dressage test (rising trot and/or sitting trot)</b>
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Score Tips

1	A-X Between X and G	Enter in working trot Halt - immobility - salute	
2	C	Proceed in working trot Turn right	
3	M-X-K K	Change of rein in medium trot Working trot	
4	B-X X-E	Half circle left 10 metres diameter Half circle right 10 metres diameter	
5	between H and C	Working canter right	
6	C-X-C between C-X C	Circle 20 metres diameter on which Medium canter Working canter	
7	between C and M	Working trot	
8	A D-H	Down the centre line Leg yield to the left	
9	B	Turn right	
10	on B-E line	Halt - immobility - rein back 3 steps	
11	E	Proceed in working trot	
		Turn left	
12	A D-M	Down the centre line Leg yield to the right	
13	between M and C	Working canter left	
14	C-X-C between C-X C	Circle 20 diametres on which Medium canter Working canter	
15	H	Working trot	
16	before E	Medium walk	
17	E-F F	Change of rein over short diagonal in free walk	
		Medium walk	
18	A	Working trot	
19	E-B-E Before E	Circle 20 metres diameter allow the horse to stretch on a long rein	
		Retake the reins	
20	B-K	Change of rein and transition to medium walk	
21	A X	Down the centre line Halt - immobility - salute	



22	Correctness of movements	Walk		
23		Trot		
24		Canter		
25	Harmony between rider and horse	Riders position and seat		
26		Effect of the aids		
27		Impulsion		
28		Suppleness of the horse		
29		Acceptance of the bridle/Submission		
		TOTAL SCORE	0,00	%

	<b>Summary advice</b>	
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